

# Newsletter Gateshead foodbank

## Prayer Points

Please pray for:

- People in our community who are facing unemployment, ill-health, isolation or money worries at this time, especially for those who are unable to afford enough to eat.;
- Political decision-makers and leaders to have courage and insight to develop policies and systems that support the flourishing of all; and
- Strength, rest and perseverance for those who are serving and caring for others, in churches, in charities and in public services in Gateshead.

## Food Stats for August 2022

Food donations received: 7,558.47kg

Food given out: 11,145.79kg

Number of people fed in our distribution centres at Birtley, Blaydon and Gateshead in total: 783 people

Number of adults fed = 524

Number of children fed = 259

As the donations in and food out statistics show, we have a continuing need for non-perishable food donations, such as milk (UHT or powered), noodles, pasta, rice, tinned meat and fish, sugar, tea, instant coffee, fruit juice and pasta sauces.



## Felling Magpies alliance with Gateshead Foodbank

We're delighted to announce that Felling Magpies FC are featuring Gateshead Foodbank's logo on the new away shirts of their Under 9s Whites team, as shown in this picture of the lads wearing their new kit. Thanks to the team's two coaches, Joe and Marc whose idea this was, and to the boys' parents and families who together raised the funds to pay for the new shirts.

The Chair of Felling Magpies, Karl Boyd is committed to support the Foodbank with collections from the club's supporters/families to donate to the Foodbank.

He commented to us that "this is all about supporting the people of Gateshead when they're in need."

## Asda Collection

Our next supermarket collection is at Asda at the Metrocentre on Saturday, 22 October. These collections are a really effective way to raise a large volume of food donations. They're also an opportunity to show the work of Gateshead Foodbank to the community at large as well as to meet and chat with other, like minded volunteers.

The collection is from 10:00 AM to 4:00 PM. Let us know if you're free to give an hour of your time by emailing us at [info@gatesheadfoodbank.org](mailto:info@gatesheadfoodbank.org)



### Volunteer Focus

Hi, I'm Dolores. I've been volunteering with Gateshead Foodbank since the beginning, November 2012. I remember our first day when we were sitting with nervous anticipation, running through the process, ready to put into practice our months of planning. We had one service user on that day. We were glad that we could help. It has been a privilege to be part of this service ever since. From the outset, there was a creative collaboration and respect between those who took the idea forward. A number of churches were involved and prayer was very much at the centre. I am also glad that we had the Trussell Trust structure and support.

I have helped in the warehouse, at supermarket collections and although I tend to do the Team Lead role at Gateshead Distribution, I enjoy chatting to service users and packing for them. I have learned so much from listening to service users and have enjoyed getting to know other volunteers. I enjoy being a member of the steering committee and hope that I can contribute to the further development of Gateshead Foodbank

### Thank you, Ringtons!

In August we received a donation of an amazing 3,350 chocolate mallows from the famous family tea, coffee and biscuit retailers, Ringtons. It's great to be able to offer this kind of treat with Foodbank users' shopping, as well as seven days of nutritious food. This is on top of the fresh fruit, eggs from Lintz Hall Farm and bread from Warburtons which we offer. We wouldn't want to advertise just how delicious these chocolate mallows are, however they've been greatly appreciated by all of our Foodbank users!



### Best Friends

A pet can be a real comfort to someone who's hit hard times, especially if they suffer with poor mental health. It's therefore not surprising that Foodbank users sometimes have a cat or dog to look after, as well as having to feed themselves. We're therefore grateful to receive frequent gifts of cat food from a regular donor to the Foodbank, as shown in this picture.